

Welcome Dietetic Interns

Please consult the resources below to help guide you with the College's requirements to maintain registration in good standing. All registrants must comply with the Regulated Health Professions Act, Dietitians Regulations, By-Laws, Standards of Practice, and Code of Ethics; therefore, it is your professional responsibility to read these documents and practice in accordance. Documents listed below are available in the registrants area of the CDPEI Website.

- [Regulated Health Professions Act](#)
- [Dietitian Regulations](#)
- [CDPEI By-Laws](#)
- [CDPEI Standards of Practice](#)
- [CDPEI Code of Ethics](#)

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About the College of Dietitians of Prince Edward Island (CDPEI)

CDPEI is the regulatory body for Dietitians, Nutritionists, and Dietetic Students on Prince Edward Island. The CDPEI Council governs and administers the affairs of the College in accordance with the PEI Regulated Health Professions Act, Dietitians Regulations, By-Laws, Standards of Practice, and Code of Ethics. In order for individuals to refer to themselves as a Registered Dietitian, Nutritionist, Registered Dietitian (candidate), or Dietetic Intern, registration with the CDPEI is required by law.

Key Responsibilities of CDPEI

1. Protection of the PEI public by establishing, maintaining, and enforcing standards for:
 - a. Entry to practice;
 - b. Continuing competence
 - c. Professional practice and code of ethics/conduct
2. Interpret dietetic scopes of practice
3. Ensure dietetic education and training programs meet requirements for registration
4. Assess and register qualified applicants as per Regulated Health Professionals Act and Dietitian Regulations.
5. Protect Professional titles of designations: the protected titles of the College include the following titles, abbreviations, and initials:
 - a. Registered Dietitian (R.D.)
 - b. Nutritionist
 - c. Dietitian
 - d. Dietitian Candidate/Registered Dietitian Candidate OR RD Candidate
 - e. Dietetic Intern

Please note: No person, other than a registrant, shall use the designations listed above or any other title, name, description, abbreviation or derivative in any language implying that a person is a registrant of a CDPEI.

6. Investigate and resolve complaints about dietetic practice and conduct. [Complaints](#) against a regulated registrant must be dealt with in a process that is open, fair, timely and which protects the public from incompetent or unethical practitioners. Registrants must practice according to the profession's [Code of Ethics, Standards of Practice, Regulated Health Professionals Act, and Dietitians Regulations](#).

CDPEI Council

The CDPEI Council governs and administers the affairs of the College. The Bylaws are a legal document that specify the rules and processes under which the College operates. The functions of the Council are to:

- prescribe initial and continuing qualifications for registration;
- assess applications and decide if applicants qualify for registration;
- issue certificates of registration and keep the official register of registered practitioners;
- prescribe and monitor adherence to standards of practice and ethical guidelines for registered practitioners;
- investigate complaints, and exercise discipline or professional remediation of registered practitioners, by revocation, restriction or suspension of a registration, by reprimand, retraining requirement, fine or other means;
- regulate the practice of the profession and to govern the registrants in accordance with the Regulated Health Professions Act, Dietitians Regulations, Standards of Practice, and by-laws.

As per CDPEI By-Laws, the Council is composed of six persons, of whom four are Registered Dietitians and two are public representatives nominated by Engage PEI. The Council also employs a Registrar and a Deputy Registrar who maintains official listing of Dietitians and Nutritionists registered with the College of Dietitians of Prince Edward Island.

Opportunities for involvement in the Council

The College relies on the professional knowledge and judgment of dietitians to help develop regulations, programs and policies for the delivery of safe, ethical and quality dietetic service to protect the public. There are opportunities to participate in College work. Dietitians can apply for vacant seats on Council and can be appointed to committees or working groups. They can also participate by responding to College consultations and surveys about new standards, policies or College activities. Opportunities for council seats, working groups, and consultations/surveys will be communicated by email and on the [CDPEI website](#).



Jurisprudence Exam Requirements

All dietetic interns must successfully complete the jurisprudence examination within one year of registering with CDPEI.

The jurisprudence examination supports CDPEI's mandate to protect the public by ensuring registrants understand the legislation, standards, and professional expectations governing dietetic practice in Prince Edward Island. The jurisprudence exam was developed to highlight key CDPEI and RD-related legislation, resources, and guidelines. While it is an examination, its main purpose is to serve as a refresher and educational tool that helps registrants stay informed about the regulatory framework supporting safe, ethical, and competent practice. This aligns with the approach taken by many regulated health professions, which use jurisprudence exams to strengthen understanding of professional obligations, accountability, and the expectations outlined in legislation and College documents.

Please find more information and examination link on the CDPEI website -> Registrants -> Continuing Education.

Regulation of Dietetic Interns

As per Section 19 of Regulated Health Professions Act Dietitian Regulations, Dietetic Interns completing practicum on Prince Edward Island are required to be registered with CDPEI.

Privileges and Conditions of CDPEI Dietetic Intern

- **Supervision:** Dietetic interns are to be supervised in practising dietetics by a Registered Dietitian with full registration, supervision is not permitted by Registered Dietitian Candidate.
- **Protected Titles:** Dietetic interns may use the designation of 'Dietetic Intern' during the time they are registered with CDPEI as such, no other title or designation may be used.
- **Complaints:** Being a registrant of CDPEI, the public can contact the College and make a complaint against a Dietetic Intern if they failed to comply with the Dietitians Act, Regulations, By-Laws, Policies and Code of Ethics and the Registrar shall follow the disciplinary measures as stated in the Dietitians Act.
- **Reserved Activities:** As per Section 22 of Dietitian Regulations dietetic interns are approved for one reserved activity with approved training by supervising dietitian: 'Subject to any terms or conditions imposed on the dietetic intern's registration, a dietetic intern is authorized to perform the reserved activity of performing a procedure on tissue below the dermis for the purpose of taking a blood sample by skin pricking to monitor capillary blood readings.
- **Continuing Education:** Dietetic Interns are exempt from the CDPEI Continuing Education program. Only general registrants participate in this program.



After Your Internship, the Next Steps

Upon completion of your Internship, you can register as a Dietitian Candidate and apply to write the Canadian Dietetic Registration Examination (CDRE).

You must be registered as a Dietitian Candidate to write the CDRE.

Dietitian Candidate Registration:

Dietitian Candidate registration is available to those applicants who meet all requirements for registration except for completion of the registration exam. This allows you to work as a Dietitian Candidate in Prince Edward Island from the time that your registration application has been granted approval up until 8 weeks after the next examination or until exam results are received. A Dietitian Candidate is entitled to use the title 'Registered Dietitian Candidate' and the initials 'R.D. Candidate'.

Canadian Dietetic Registration Examination (CDRE):

The CDRE is a requirement for registration as a dietitian in Canada in all provinces except Quebec. The CDRE is a one-day multiple choice examination designed to test practice-based knowledge, application, and critical thinking skills required to competently and safely practice dietetics. The CDRE is administered in May and November each year at designated sites across Canada. Successful completion of the CDRE enables entry into the dietetic profession via registration with the dietetic regulatory body in the Canadian jurisdiction where you have chosen to practice. It is not an exit exam from an internship or practical training program. It is designed to confirm competence to practice dietetics – this means that your practice-based knowledge and your ability to employ critical thinking by analyzing, interpreting and applying knowledge are at the level of minimal competence and that you are safe to practice.

A candidate who has a disability, a temporary disability or special condition that warrants accommodation may request accommodations to take the examination. See [CDRE section](#) of the website for more details.

How to register as a Dietitian Candidate and for the CDRE:

- Complete and submit the [Dietitian Candidate and CDRE application form](#). Submit the documents listed on the application Form;
- Submit payment of the appropriate registration & CDRE fees;

If you are applying to another province, visit the College's/Association's website for instructions on how to apply. When filling out their application, indicate that you were a registrant of CDPEI as a Dietetic Intern. They may require verification that you were a registrant in good standing.



College of Dietitians

of Prince Edward Island

Communication

Email from registrar@peidietitians.ca or deputyregistrar@peidietitians.ca and the CDPEI website are used to communicate important information about dietetic regulation and practice, and CDPEI updates. Please ensure the emails listed above are marked as safe in your inbox to avoid losing communication with the spam filter.

It is important to update CDPEI on changes in your employment and contact information.

Questions

If you have any questions about your registration, the CCP, or any other regulatory related topic please contact the Registrar at registrar@peidietitians.ca or Deputy Registrar at deputyregistrar@peidietitians.ca